



TIP 5 IF HE DOESN'T PURSUE, SOMEONE ELSE WILL

When a woman believes that the kind of man she is looking for is looking for someone like her and he will pursue her, she acts more confident, happy, and worth pursuing.

It is important for a woman to know that if this man does not pursue her someone else will. He is not her only chance for happiness. She will have the opportunity to marry the kind of man she is looking for. She need only play her role and have faith that many men are attracted to her and do see her for what she has to offer. This belief and attitude can greatly improve her confidence and a man's desire to pursue her.

TIP 6 SET GOALS, PRACTICE, EXPERIMENT AND FOCUS ON PROGRESS

A woman who approaches every singles event, phone call, or date prepared to achieve certain goals, practice new techniques, or experiment with new ways to make someone feel great, will be less worried about what others are thinking, whether he will pursue her, or if this singles event or date will be a waste of

her time. Instead she will feel a sense of control, purpose, and power over her life and progress in the dating game. Certainly results will come, which is fun and rewarding, but her focus is on playing her role and not whether this one man pursues her or not (because if he doesn't someone else will). Every technique used, every new skill developed, every new encounter with men only improves her effectiveness and relationship skills with men. Thus, she has a greater hope for success, love, and happiness in the near future.

TIP 7 DO MORE THAN AVOID THE JERKS, ADORE GOOD MEN

There is little good that comes from experiencing an abusive, manipulative, controlling, deceptive, or unfaithful relationship. These relationships erode self-esteem, are difficult to get out of, and take months and years to recover from. Every woman should know the early warning signs of the abusive and manipulative.

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The book *Dating Game Secrets for Marrying a Good Man* breaks its hundreds of dating secrets and advice into three sections: be safe, be confident, and be successful. The Be Safe section provides a detailed description of how to identify the potentially abusive and manipulative in three dates, before a woman gets attached. These warning signs are specific and descriptive of the

typical things that abusive and manipulative men may do and say and which also exposes their lack of empathy, self-control, and personal responsibility. Understanding and recognizing these warning signs is important. Not only will it help a woman avoid abusive relationships but it can also increase her faith and trust in herself and her gut feelings.

However, recognizing and avoiding jerks is not enough. A woman must know more than what she doesn't want. So many women say, "All the good men are married. All single men are weird or jerks". As long as a woman maintains her focus on these negative beliefs, she will act in a way that attracts and maintains these beliefs and relationships.

In contrast, to attract good men, a woman must know what she wants and have the skills to recognize, value, love and appreciate it when she finds it. The more a woman learns to recognize and appreciate good men by their skills of empathy, self-control, and personal responsibility, the more she will draw and attract good men to her. Both she and the good men she dates need her confidence in this process and in them. In order for a good man to thrive in a relationship, he needs to know that she has faith and trust in him. They will both be so much healthier and happier in the relationship when she adores him for the goodness he brings to her and the relationship. ■

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Alisa has been a frequent guest on many television programs, including *Good Morning America*. She has 14 years of counseling experience, treating individuals, couples, groups, and families regarding: issues of depression, anxiety, grief, and loss; recovery from abuse and trauma; treatment of drug, alcohol, or sexual addiction; healing after infidelity; coping with singles issues and dating; recognizing and changing bad relationship patterns; improving communication and much more.



She is the author of *Dating Game Secrets for Marrying a Good Man*. Buy now for \$13.95 at Amazon.com. Visit Alisa's website: www.askalisa.org for more information.



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