

survive and THRIVE in THE DATING game

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any woman can succeed at the dating game. They just need to know the secrets for success in dating. Once these are understood, and better techniques for the game are learned, they can and will find success!

In the dating game, a woman's success or failure has less to do with her personality and more to do with her technique, especially in the first six weeks of dating. Thus, she is not being rejected; her technique may be rejected. She is not failing; her technique may be failing. It is that simple and true.

From experience coaching singles in the dating game, the first thing they need to learn is how to get their head in the game. Here are seven tips:

TIP 1 FOCUS ON TECHNIQUES — NOT ON FEELINGS AND SPECIFIC OUTCOMES

When a woman goes to a single's event, she may feel awkward, lonely, silly, and

shy. She may focus on whether or not she is getting attention, giving out her number, or meeting that special someone. She may feel discouraged by her options—or confused when he doesn't call. All these feelings, thoughts, and experiences can cause her to lose her hope and confidence, while increasing her tendency to burn out on the game.

However, if she understands that most of her success or failure in the game is about her technique rather than her personality, she can explore hundreds of options for making every singles event, date, or relationship an opportunity for growth and improved dating and relationship skills.

TIP 2 FLIRT!

Flirting is a must. It is the way in which a woman lets her interest be known, how she communicates "I am approachable, available, and open to meeting you," and the tool she uses to appear happy, confident, warm, and interesting. This decreases his fears of rejection, while maintaining his desire and interest in pursuing her.

Flirting, at its finest, includes:

- **eye contact with a warm smile** (or even a little tilt of the head) sincere compliments or observations ("That is a great tie."—"I really like your haircut."—"You look familiar, have we met before?")
- **a gentle touch on the arm** (especially when saying hello and goodbye, or when emphasizing a point during the conversation)
- **slow, purposeful moves** (from brushing hair away from her face to gently tapping a pencil, etc.)
- **a feminine, soft tone of voice** (to distinguish the person as special and important)
- **energy expended in the direction of the person** (talking with hand movements, gentle tapping of the foot, leaning forward, etc.)
- **curious questions** ("Tell me more," "Where did you learn how to do that?", "How did that happen?")
- **learning, knowing, and using the person's name** (as a way of indicating their importance to her)