

HOW TO FLIRT

If a woman isn't dating, she's probably not flirting, said Alisa Goodwin Snell, author of "Dating Game: Secrets for Marrying a Good Man" (Bonneville Books, 2008).

Snell says she wasn't always a good flirt, either.

"When I was in high school, my version of flirting was to punch men on the arm," she admits. "I tried doing the rough and tough stuff to fit in."

Her sister told her to knock it off, and as she matured, her flirting became more natural. Now she shares flirting techniques as a dating coach.

Here are a few of her tips:

● **Smile and look men in the eyes.** "If you question whether or not you're doing a flirtatious, warm smile, just tilt your head a little bit — it naturally forces one corner of your mouth to come up," she said.

● **Confidence counts.** "Repeat in the back of your mind, 'If he doesn't pursue me, someone else will,'" she said, adding that flirting without confidence can come off as desperate.

● **Tap your foot.** "If you're ever in a situation where you've got a heel on — a shoe you feel attractive and feminine in — and you're just in a single setting, try tapping your foot in the general direction and see how many people pay attention," she said, crossing her leg and slowly tapping her foot in the air.

● **Slow down.** "Flirting at its finest is slow, purposeful moves," Snell said.

● **Leave on a high note.** Tell him you have to go speak with a friend, and then leave an invitation. "I'd love to finish this conversation. ... Will you come grab me, later?" Then walk away.

More tips, and information about workshops and individual coaching sessions, are on Snell's Web site, www.utahsdatingcoach.com.



ABOVE: Alisa Goodwin Snell teaches a dating workshop at the Salt Lake public library. Snell, a South Ogden resident, bills herself as "Utah's Dating Coach."

LEFT: Snell teaches the class about flirting. "If you're ever in a situation where you've got a heel on — a shoe you feel attractive and feminine in — and you're just in a single setting, try tapping your foot in the general direction and see how many people pay attention."

NICHOLAS DRANEY
Standard-Examiner

good ones.

"I really wish I had known the stuff she teaches when I was 19 — it would have saved me a lot of heartache," said Eggli.

"I have a boyfriend now. ... I don't know if this relationship would have lasted that long if I hadn't had her advice."